



Press Release

13th October 2016

For immediate release

Scottish National Bouldering League

Mountaineering Scotland brings new league back for a second successful year

As the weather outdoors starts to cool, competition is only starting to hot up in the world of indoor climbing.

And through the winter months Scotland's boulderers will be vying to sort out who's the tops when it comes to tackling the short but intensely technical and physical climbs that characterise the booming sport of bouldering.

Mountaineering Scotland and members of the Scottish Climbing Wall Network (SCWN) are working in partnership to organise the Scottish National Bouldering League, allowing climbers to pit themselves against their fellow boulderers around the country.

The national league was reintroduced last year after lying idle since the short-lived Vango Bouldering League in the 1980s, and was an immediate hit, with over a hundred competitors vying for the top places.

The new league will use one of the rounds of each host walls' already scheduled bouldering competitions as a round for the league. There will be six rounds at walls across Scotland, one each month from October to March. Scoring after each round will be ranked. Competitors can attend all six rounds if they wish, with their best four scores used to decide their final placings and the Scottish Bouldering Champions.

To be in with the best chance of gaining the highest position at the end of the league, competitors have to do at least four rounds.

There will be categories for juniors (16-17), adults (18-44) and vets (45+), and male and female in each category.

There's no extra cost for entering the League: just attend one of the relevant competitions and indicate when you take part that you wish to be entered into the SNBL.

Last year's champions will have to be climbing well to retain their titles, especially in the junior male and female and vets male categories where competition was particularly tough.

But it's not all about gaining the podium; many competitors do it for fun and to maintain motivation for training through the dark winter months.

"I enjoyed taking part in SNBL not least because it took me to some new walls, I met new climbers and I pushed myself on some brilliant problems. I hope more mature ladies join us this year."

Avril Gall (2015-16 Vet Ladies Champion)

The six rounds counting for the League are:

- 28 October – Alien Rock, Edinburgh
- 19 November – Inverness Leisure
- 3 December – Transition Extreme, Aberdeen
- 21 January – TCA Glasgow
- 17 February – Avertical World, Dundee
- 18 March – EICA:Ratho

Prizes for the league are donated by climbing and outdoor equipment and clothing firm Allcord, who also sponsored last year's series..

More details about the SNBL can be viewed at the [MCofS website](#).

Ends

Notes for editors

Images to accompany this press release are downloadable here:

www.mcofs.org.uk/assets/media/1snbl_r1_alien_scarr2.jpg

www.mcofs.org.uk/assets/media/2snbl_r2_tca_scarr3.jpg

http://www.mcofs.org.uk/assets/media/3SNBL_R2_TCA_SCarr4.jpg

All photos are from SNBL 2015-16 and should be credited to Sandy Carr

Further information

Contact Kevin Howett, Sport Development Officer, on 01738 493946 or kev@mcofs.org.uk

About Mountaineering Scotland

- Mountaineering Scotland is the new name for the Mountaineering Council of Scotland (MCofS), which acts to represent, support and promote Scottish mountaineering.
- Mountaineering Council of Scotland remains the registered company name.
- Mountaineering Scotland is the only recognised representative organisation for hill walkers, climbers and ski-tourers who live in Scotland or who enjoy Scotland's mountains.
- Mountaineering Scotland is the national governing body for climbing competitions in Scotland and provides development support and coaching to kids' clubs, schools and youth organisations with the aim of encouraging the participation of young people in sport climbing.
- Mountaineering Scotland organises and promotes a range of regional and national climbing competitions, with the aim of attracting and motivating young climbers to participate in the sport.
- Mountaineering Scotland manages the Scottish climbing and bouldering teams, and contributes to the management of the GB teams, with the ultimate aim of seeing a Scottish athlete achieve a podium position in the Olympic Games.

- Mountaineering Scotland provides training and information to mountain users to promote safety, self-reliance and the enjoyment of our mountain environment.
- Mountaineering Scotland is a membership organisation with over 13,000 members representing hill walkers, climbers and mountaineers.
- The MCoS is a not for profit company limited by guarantee and incorporated in Scotland. Company number SC322717.
- Mountaineering Scotland, The Granary, West Mill Street, Perth PH1 5QP