

Going To The Hills...?



Please complete this form and leave with a responsible person and request them to contact Police if you are overdue

Let Us Know.....

Name _____

Address _____

Post Code _____

Mobile No _____ Home No _____

Emergency Contact Name _____

Address _____

Tel No _____

Additional Mobile Nos 1 _____ 2 _____ 3 _____
of any Group Member 4 _____ 5 _____ 6 _____

Time/Date of Departure _____ Place of Departure _____

Vehicle Registration _____ Where Vehicle Parked _____

No of People in Group _____

| | |
|-----------------------|---------------------------------|
| DATE OF RETURN | ESTIMATED TIME OF RETURN |
|-----------------------|---------------------------------|

Planned Route

(map, reference book or guide book name would be helpful)

**REMEMBER TO REPORT YOUR SAFE RETURN
THIS IS VITAL TO AVOID NEEDLESS CONCERN**

Police Contact Details

Emergency number: 999
Non-emergency number: 101

Information Sites

www.scotland.police.uk
www.mountainrescuescotland.org
www.mcofs.org.uk/mountain-safety.asp
www.trafficscotland.org

Weather Forecasts

www.mwis.org.uk
www.windfinder.com
www.metoffice.gov.uk

Avalanche Information

www.sais.gov.uk

The information given in this leaflet is solely for the purpose of your safety and will not be passed on to any other agency without your prior consent.



**SAFER
HIGHLAND**

