



Mountaineering Scotland
Risk Assessment
Summer hill walking activities during
COVID-19

HAZARD	RISK	AT RISK Students (S) Instructors (I) Public (P)	PROBABILITY Low (L) Appreciable (A) High (H)	LEVEL Minor (M) Serious (S) Fatal (F)	MANAGEMENT	OK/AMEN D
Course Attendee has COVID-19	Transmission of virus to other people	SIP	L	MSF	<p>All course attendees receive the following Covid Guidelines at time of booking and/or just prior to the start of the course.</p> <p>Before the course, please contact us if you have or have had any of the following in the previous 14 days:</p> <ol style="list-style-type: none"> 1. Do you have/have had a high temperature? 2. Do you have a/have you had a new, continuous cough? 3. Do you have or have you had a loss or change to your sense of smell or taste? 4. Are any of your household symptomatic of COVID 19 or have any of them been? 5. Are any of your household self-isolating or have any of them been? 6. To the best of your knowledge have you been in close contact with anyone else who is symptomatic of COVID 19? 	



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<i>Student reluctant to cancel because of financial implications.</i>	<i>Transmission of virus to other people</i>	<i>SIP</i>	<i>L</i>	<i>MSF</i>	<i>All students advised at time of booking that they can at any time prior to the start of the course receive a full refund if they are concerned regarding Covid implications.</i>	
<i>Transparency of risk</i>	<i>Transmission of virus to other people</i>	<i>SIP</i>	<i>L</i>	<i>MSF</i>	<p><i>All students issued with the following statement: . By registering for the course, you accept the following:</i></p> <ul style="list-style-type: none"> <i>• That your participation on a course with Mountaineering Scotland may increase your risk of exposure to infection with the virus relative to not attending a course.</i> <p><i>All courses to run in accordance with the guidance produced by Mountain Training Scotland.</i></p>	
<i>Student develops symptoms following attending the course</i>	<i>Transmission has occurred during the course</i>	<i>SIP</i>	<i>L</i>	<i>MSF</i>	<p><i>All students issued with the following statement:</i></p> <ul style="list-style-type: none"> <i>• That you agree to inform your instructor should you develop any symptoms consistent with COVID-19 any time within 14 days of the end of your course? The instructor undertakes to do the same.</i> <i>• A record will be kept of all attendees for 21 days in accordance with the Scottish Government Test and Protect process.</i> 	



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<p><i>Virus transmission from kit loaned by Mountaineering Scotland</i></p>	<p><i>Transmission of the virus</i></p>	<p><i>SI</i></p>	<p><i>L</i></p>		<p><i>Kit e.g. Map cases & compasses disinfected between courses or a 72-hour period left.</i></p> <p><i>Teaching aids disinfected.</i></p> <p><i>Students advised to supply their own hand sanitiser and use regularly.</i></p>	
<p><i>Virus transmission from inadequate social distancing</i></p>	<p><i>Transmission of the virus</i></p>	<p><i>SI</i></p>	<p><i>L</i></p>	<p><i>MSF</i></p>	<p><i>Students meet in the car park. No inside teaching sessions. Students supply own chair/refreshments, increased staff: student ratio 1:4.</i></p> <p><i>All teaching conducted outside with 2m distancing rule applied.</i></p> <p><i>Max number of students who meet with each other is 4.</i></p>	
<p><i>Emergency procedures</i></p>	<p><i>Transmission of the virus</i></p>	<p><i>SI</i></p>	<p><i>L</i></p>	<p><i>MSF</i></p>	<p><i>Personal first aid kits encouraged. Small group shelter carried by instructor for use in an ABSOLUTE emergency by instructor and injured party only. All other students sent down off the hill if practical.</i></p>	



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<i>Social distancing</i>	<i>Transmission of the virus</i>	<i>SI</i>	<i>L</i>	<i>MSF</i>	<i>If social distancing not possible, all students/staff advised to wear facemask.</i>	
<i>Toilet facilities</i>	<i>Transmission of the virus</i>	<i>SI</i>	<i>L</i>	<i>MSF</i>	<i>Toilet facilities cleaned between groups. Including door handles/taps etc.</i> <i>Hand sanitiser available.</i> <i>Only 2 people max in MR base at any one time.</i>	
<i>Car sharing</i>	<i>Transmission of the virus</i>	<i>SI</i>	<i>L</i>	<i>MSF</i>	<i>Student details not circulated for car share purposes to attend course.</i> <i>If car sharing is required for any other reason facemasks and open car windows advised.</i>	