



MOUNTAINEERING
SCOTLAND
WALKCLIMBSKI

HILLWALKING & CLIMBING IN SCOTLAND

From 2 November



Hill walking, mountaineering and climbing at all levels



Responsible wild camping

BE COVID AWARE



Keep 2m physical distancing from others



Clean hands regularly; avoid sharing food, drink and equipment



Stay home if you have symptoms or are self isolating

BE PREPARED



Check the latest guidance for your local area and where you plan to go



Check the mountain weather forecast



Plan your activity and avoid busy/crowded areas

STAY SAFE



Know your limits - stay well within your comfort zone



Take suitable clothing and equipment



Be self-sufficient: rescue may be limited and take longer

BE CONSIDERATE



Follow the Scottish Outdoor Access Code for COVID-19



Park considerately - avoid blocking driveways/entrances



Keep all your litter and #TakeItHome



Read the full guidance here:
mountaineering.scot/coronavirus

