

William Bosi - MCofS Report – Bursary 2015

Personal Background –

I have been a member of the GB Junior Lead Climbing Team since March 2011. In 2012 I was able to compete for the first time at international competitions, and had a successful year. In 2013 I was delighted to be selected for both the Lead team (Elite member) and the Junior GB Bouldering Team, and had a fantastic season, finishing with a Lead World ranking of 2nd. I continued, in 2014 and 2015, as a member of both teams, again as an Elite member of the Lead team (with Lead as my primary discipline.) From October 2014 I have also been a member of the Senior GB Lead Climbing Team.

2014 Competition Results –

IFSC European Youth Cup, May 2014, Youth A	Imst, Austria	19th
IFSC European Youth Climbing Championship, June 2014, Youth A	Edinburgh, Scotland, UK	8th
IFSC European Youth Boulder Cup, July 2014, Youth A	L'Argentiere, France	21st
IFSC European Youth Boulder Cup, August 2014, Youth A	Laegenfeld, Austria	2nd
IFSC World Youth Climbing Championship, September 2014, Youth A	Noumea, New Caledonia	8th
<i>British Bouldering Championship series, Youth A</i>	<i>See below:</i>	1st
- 1 BMC British Youth Open Boulder, Dec 2013	Sheffield, UK	1st
- 2 BMC British Youth Open Boulder, April 2014	Glasgow, Scotland, UK	1st
- 3 BMC British Youth Open Boulder, July 2014	London, UK	1st
Scottish Youth Open Boulder Championship, April 2014	Glasgow, Scotland, UK	1st
British Lead Climbing Championship, Oct 2014, Youth A	Sheffield, UK	2nd
British Senior Lead Climbing Championship, Oct 2014	Sheffield, UK	1st
British Junior Speed Climbing Championship, Oct 2014, Boys u18	Sheffield, UK	2nd
IFSC Senior World Cup Lead, Nov 2014	Kranj, Slovenia	42nd

At the end of 2014 I had an IFSC Lead world ranking of 11th, and Boulder ranking of 10th (for Youth A boys.)

Objectives for period of grant –

- To be competitive at both National/International level
- To train hard and continue to develop my climbing skills and ability
- To have fun and enjoy my climbing

Competition Aims –

- To make finals at International Youth Competitions
- To make the podium at an International event
- To retain my Scottish/British Lead Climbing Championship title

Personal Aims –

- Continue to gain competition experience for the future
- Continue to train hard to improve performance and technique
- To achieve success at the highest competition level

Report –

At times it has been a difficult year for me. At the beginning of the year I was diagnosed with a low white blood cell count, low vitamin B12 and folic acid. I had to have six vitamin B12 injections which were painful and impacted on my training and performance.

The season began with the European Lead competitions. In May at a European Cup in Dornbirn, Austria, I felt unwell (from my injections) and finished in 19th. Next, followed an EYC at Imst, Austria, where a foot slip on the first qualifier left me in 13th, missing out on the final.

I was, however, delighted to climb well, make finals and finish in 3rd place at the European Youth Climbing Championship held at EICA, Ratho in June. This was followed in August by the final EYC of the year, in Mitterdorf, Austria. On the first qualifier an incorrect foot placement caused me to slip, which was disappointing, and I finished in 14th.

Later in the year, in September, I competed at the World Youth Climbing Championship held in Arco, Italy. Unfortunately, I made a route-reading error in the semi-finals, which cost me a position in the final. When I fell I was not pumped and was feeling strong, so it was really frustrating. However, I finished in 13th, which was the highest placed GB Lead climber.



At WYCC, Arco, Italy

Next I competed at a Senior World Lead Cup, in Puurs, Belgium, where I was able to refocus and climb very well. I was very happy not to make any unforced errors, and finished in 30th, out of a large and strong field. This placing achieved ranking points, so I have an IFSC senior world ranking of 67th. I am the only senior male GB climber to be ranked this year.

During 2015 at National competitions I have had some mixed results. I retained my Scottish Youth Climbing Champion title (youth A) but, unfortunately, lost my British Senior Lead Climbing title, finishing in 2nd place on count-back. However, I was delighted to finish the season with a 1st place finish at the British Open Youth Lead event for Junior Boys, in Sheffield.

My current **IFSC World Ranking for Lead is 11th** (youth A Boys.)

Bouldering

For 2015 I decided to focus on my Lead climbing, as it is difficult to juggle all the different team training and competition commitments. I, therefore, did not compete internationally in Bouldering, or at all the National events. However, I did make the podium at all competitions I entered, and won 2 out of the 3 (Youth A) events. I was also delighted, at the end of the year, to win the British Open Youth Boulder event for Junior Boys.

For Bouldering I am the Scottish Youth Bouldering Champion for Youth A Boys.

Speed Climbing

I have also competed in the MCoS Scottish Junior Speed Climbing Championship, Junior & Youth A Boys, where I placed 2nd and at the British Junior Speed Climbing Championship (U18 boys) where I finished in 4th place.

2015 Competition Results –

IFSC European Youth Cup, May 2015, Youth A	Dornbirn, Austria	19th
IFSC European Youth Cup, May 2015, Youth A	Imst, Austria	13th
IFSC European Youth Climbing Championship, June 2015, Youth A	Edinburgh, Scotland, UK	3rd
IFSC European Youth Cup, Aug 2015, Youth A	Mitterdorf, Austria	14th
IFSC World Youth Climbing Championship, September 2015, Youth A	Arco, Italy	13th
IFSC Senior World Cup Lead, Sept 2015	Puurs, Belgium	30th
<i>British Bouldering Championship series, Youth A</i>	<i>See below:</i>	4th
- 1 BMC British Youth Open Boulder, Dec 2014	Derby, UK	3rd
- 2 BMC British Youth Open Boulder, June 2015	Glasgow, Scotland, UK	1st
- 3 (<i>did not compete</i>)	<i>(Bristol, UK)</i>	

<i>British Lead Championship series, Youth A</i>	<i>See below:</i>	3rd
- 1 BMC British Youth Open Lead, Dec 2014	Sheffield, UK	3rd
- 2 MCoFS Scottish Youth Climbing Championship, Sept 2015	Edinburgh, Scotland, UK	2nd (Scottish Champion)
- 3 BMC British Lead Climbing Championship, Oct 2015	Sheffield, UK	3rd
MCoFS Scottish Youth Open Boulder Championship, April 2015	Glasgow, Scotland, UK	1st
BMC British Senior Lead Climbing Championship, Oct 2015	Sheffield, UK	2nd
BMC British Junior Speed Climbing Championship, Oct 2015, Boys u18	Sheffield, UK	4 th
MCoFS Scottish Junior Speed Climbing Championship, September 2015, Junior & Youth A Boys	Edinburgh, Scotland, UK	2nd
BMC British Youth Open Lead, Nov 2015, Junior Boys (age 18/19 years)	Leeds, UK	1st
BMC British Youth Open Boulder, Nov 2015, Junior Boys (age 18/19 years)	Sheffield, UK	1st

Review –

I am pleased that all my hard work during training, especially in the winter months, was effective and that the 2015 competition season was mainly successful. I am pleased with my determination and commitment, as even though things haven't always gone to plan this year I have continued to stay focused and to train hard. Unfortunately, I have not fulfilled all of my Competition goals, but I was extremely pleased to podium at the EYCC final, in Edinburgh. I was also psyched to have climbed well at the Senior World Lead Cup in Puurs, Belgium.

Not all my competitions/ routes have been successful. I have learnt that sometimes in competition a small error can have a large impact. To continue to improve and develop as a competition climber you must be able to move on, continue to train hard and focus on your next competition. I am pleased that I have continued to do this and remained motivated during a challenging year.

I was lucky this year to also climb outdoors; and sometimes when things don't go well in competition climbing it is good to be able to challenge yourself in a different way. I was delighted to sport climb 8c this year, and boulder 'Monk Life' f8B+

In 2016 I am committed to training very hard, so as to continue to be competitive internationally. My main goals for 2016 will be to qualify for finals at International youth events and I would also like to podium at an EYC. I would like to compete in all three disciplines (Lead, Boulder and Speed) at the WYCC in China. I wish to compete at 1 or 2 Senior World Cup Lead events to gain more senior competition experience.

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