

Alexander Bosi - MCoFS Report – Bursary 2014

Personal Background –

I have competed in Speed Climbing for Great Britain since 2012.

In 2012 I achieved the BMC qualifying time and as a result was able to compete for the first time at International competitions. In 2013 I was delighted to again qualify for International competition and finished the year with a Speed World ranking of 15th. I continued, in 2014, to improve my Personal Best time and to compete for GB at International events. I was also involved in the formation and running of a Scottish Speed Climbing Team, based at EICA, Ratho.

At the end of 2013 I had an IFSC Speed world ranking of 15th (for Youth A boys.)

2013 Competition Results –

BMC British Speed Climbing Championships (2013)	Sheffield, UK	1 st
MCoFS Scottish Speed Climbing Championships (2013)	Edinburgh, UK	1 st
IFSC European Youth Climbing Championships (2013)	Imst, AUT	21 th
IFSC European Youth Cup, Speed (2013)	Edinburgh, UK	7 th

Objectives for period of grant –

- To be competitive at both National/International level (as I move up into a new age category.)
- To train hard and continue to develop my speed climbing skills and times
- To have fun and enjoy my climbing

Competition Aims –

- To compete at European Youth Competitions
- To make the final at the British Senior Speed Climbing Championship
- To retain my Scottish Speed Climbing Championship title

Personal Aims –

- Continue to gain competition experience for the future
- Continue to train hard to improve performance and technique
- To continue to improve my PB time and climb under 10 seconds

Report –

My 2014 competition season has been a fun and successful one. The first event of the year was the European Youth Climbing Championships, held at EICA: Ratho in June, where I placed 12th. My second competition was a European Youth Cup held in Imst, Austria. I travelled out with my dad, who took on the role of “Team Official”. It was a great trip and I placed 9th. It also turned out that on the same day there was an IFSC Paraclimbing World Cup taking place; this was incredible to watch and very inspirational.

The second half of the season concerned the National championships. The first of these was the Scottish Championships, where I was happy to retain my title of Scottish Speed Climbing Champion. The final competition of the year was the British Speed Climbing Championships. This event was held at Awesome Walls Sheffield. I finished 2nd and posted some fast times throughout the competition.

At the end of this year’s season of competition I am ranked 9th on the IFSC World rankings and 7th in the European Youth Cup. My personal best competition time is now 9.26 seconds, which I posted during the British Speed Climbing Championships.

For the forthcoming year I hope to continue to improve my personal best time and compete at the IFSC World Youth Climbing Championships, which is to be hosted in Arco, Italy. I’m sure that being involved with the new Scottish Speed Climbing Team, supported by MCofS, will help me to achieve my goals for the next season.

At the end of 2014 I had an IFSC Speed world ranking of 9th (for Junior boys.)

2014 Competition Results –

BMC British Speed Climbing Championships (2014)	Sheffield, UK	2nd
MCofS Scottish Speed Climbing Championships (2014)	Edinburgh, UK	1 st
IFSC European Youth Cup, Speed (2014)	Imst, AUT	9 th
IFSC European Youth Climbing Championships (2014)	Edinburgh, UK	12 th

Review –

I am pleased that my 2014 competitive season has been successful and that all my hard work during training was effective. I achieved a personal best time of 9.26 in competition. I met my competition goals and enjoyed competing for GB at European Youth events.

In 2015 I am committed to training very hard so as to continue to be competitive internationally. My main goals for 2015 are to retain my Scottish title, regain the British title and to compete at the World Youth Climbing Championships in Italy.

Contacts –

Rob Adie
BMC Climbing Walls & Competitions Officer

c/o BMC
177-179 Burton Road
West Didsbury
Manchester
M20 2BB

rob@thebmc.co.uk
0161 438 3318

Scott Forsyth
Scottish Speed Climbing Team
Manager

54 Ratho Park Road
Ratho
Midlothian
EH28 8PQ

scottforsyth@btinternet.com
07850756719

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