

# Jonathan Field:

## Competition Climbing in the European Youth Series and National Competitions



***Competing In the British Bouldering***

2009 was my first year competing internationally with the British Junior Climbing Team. In December 2008 I was selected to be part of the Team and was delighted that my training had paid off and I was finally able to step up a level in competitions, but this was only the beginning...

The first half of the year was mainly training for the upcoming competitions, climbing at EICA: Ratho four times a week, as the competitions did not start until the second half of the year. The first European Youth Competition I went to was in Munich in September. I gained a lot of experience from this competition as I learned all about the European Youth Series (EYS) and what to expect and more importantly, who I was up against. I came 32<sup>nd</sup> and this really motivated me to train even harder in the run up to the remaining rounds of the year as I saw the standard of the others I was competing against.

The next weekend was the round of the EYS at EICA. I really enjoyed this competition too as it gave me a chance to compete on home territory and I came 17<sup>th</sup> overall.

In November I went to Slovenia with the British Team for the final round of the EYS. This was an amazing competition in an amazing venue and it is the best competition I have been to so far. I finished in 27<sup>th</sup> place giving me an overall ranking in the series of 29<sup>th</sup>.

I also travelled to Sheffield in July for the British Bouldering Championships for my last year competing in the junior category and came in 2<sup>nd</sup> place. I was really pleased with this result and it spurred me on to do well in the British Lead Climbing Championships the next week end where I came in 4<sup>th</sup> place (ranked 3<sup>rd</sup> in Britain as third place went to an Israeli climber)

This year I will continue to compete with the British Team in the rounds of the EYS in the upper year of the Youth A category. I am on an intensive training program working on my weaknesses identified in last year's season and I am motivated to achieve the best results I can in this year's competitions. My goal is to finish in the top 20 of the EYS.

## **Approximate Costs**

### **Travel**

Munich (flights): £260  
Slovenia (flights): £260  
Sheffield (petrol): £80  
Team Trials (train): £35  
To Ratho (petrol): £600

### **Coaching**

Personal Trainer: £30 /per week  
Heriot Watt coaching:  
£100/10week

### **Accommodation& food**

Munich: £300  
Slovenia: £150  
Sheffield: £65  
Team meetings: £120  
Team trials: £120

### **Equipment**

Shoes, rope: £400  
Compex Machine £750  
(one off cost)

**Total: £3,240**

**Jonathan Field**

**16yr**

**2010**