



SMART STUDENT WEEKEND 2025

For Scottish students' mountaineering, climbing and hill walking clubs

Friday 31 Oct – Sunday 2 November 2025
Glenmore Lodge, Aviemore

SEMINAR PROGRAMME				
FRIDAY (evening)	ACTIVITY	VENUE	LEAD	ASSIST
20:00 – 21:30	REGISTRATION AND KIT SIGN OUT FOR WEEKEND ACTIVITIES	Bar/Stores		All students
SATURDAY	ACTIVITY	VENUE	LEAD	ASSIST
07:30 – 08:15	BREAKFAST & COLLECT PACKED LUNCH	Dining Room		
08:30	MEETING FOR VOLUNTEER STAFF	Lecture Theatre		
09:00 – 09:15	WELCOME TO GLENMORE LODGE AND INTRODUCTIONS	Lecture Theatre		All students & staff
09:15 – 10:30	FILM: Adventure Show Special – Leeds University Students Rescue (20min) Discussion groups & feedback	Lecture Theatre		
11:00 – 17:00/19:00	PRACTICAL WORKSHOPS (CHOOSE ONE OF THE FOLLOWING)			
	Mountain Experience (local) – into the dark	Meet in the Lecture Theatre (40 students maximum)		
	Rock Climbing Experience for beginners (around GL) 1:4	Meet in Ciste room next to Bar		

	Intro To Sport Climbing	Meet in stores		
	Intro to 'Trad' Climbing	Meet in Stores		
	Improvers Trad Climbing	Meet in Stores		
	Intro to Scrambling	Meet in the Ryvoan room next to Bar		
	Emergency Mountain First Aid – including mountain rescue scenario	Meet in Cairngorm Room (up to 12 maximum)		
17:00 – 17:30	TEA & CAKES	Dining Room		
18:45 – 19:30	EVENING MEAL	Dining Room		
20:00 – 21:00	LECTURE/TALK/SHOW & PUB QUIZ TBC	Lecture Theatre		ALL to attend (bar will be closed to students during this period – feel free to bring a pint along to the lecture 😊)
21:00 – till late	BAR RE-OPENS			

SUNDAY	ACTIVITY	VENUE	LEAD
07:30 – 08:15	BREAKFAST & COLLECT PACKED LUNCH – Everyone needs to be out their rooms <u>before</u> the start of sessions at 09:00	Dining Room	
08:30	MEETING FOR VOLUNTEER STAFF	Lecture Theatre	All volunteers
09:00 – 15:30	CHOICE OF 1 OF THE FOLLOWING ACTIVITIES:		
	Mountain Experience (local)	Meet in the Lecture Theatre (40 students maximum)	
	Rock Climbing Experience for beginners (around GL) 1:4	Meet in the Bar	
	Intro To Sport Climbing	Meet in stores	
	Intro to ‘Trad’ Climbing	Meet in Stores	
	Improvers Trad Climbing	Meet in Stores	
	Intro to Scrambling	Meet in the Bar	
	Emergency Mountain First Aid – including mountain rescue scenario	Meet in Cairngorm Room (up to 12 maximum)	
15:30 15:45	FINAL WRAP-UP	Lecture Theatre	
16:00	TEA & CAKES DEPARTURE BY 17:00	Dining Room	