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| Risk Assessment Form | | | | | | | | | | | | | | | |
| **Activity :** | Hillwalking (Summer conditions) | | | | | **Venues :** | | | | British Mountains | | | | | |
| **Assessed by :** | | |  | | | **Date :** | | |  | | **Next Review Due :** | | | |  |
| **Reviewed by :** | | |  | | | **Date :** | | |  | |  | | | |  |
|  | | | | | | | | | | | | | | | |
| **Risk Rating Matrix** | | | | | | | | | | | | | | | |
|  | | | | Slightly Harmful | | | Harmful | | | | | Extremely Harmful | | | |
| Highly Unlikely | | | | **Trivial Risk** | | | **Tolerable Risk** | | | | | **Moderate Risk** | | | |
| Unlikely | | | | **Tolerable Risk** | | | **Moderate Risk** | | | | | **Substantial Risk** | | | |
| Likely | | | | **Moderate Risk** | | | **Substantial Risk** | | | | | **Intolerable Risk** | | | |
|  | | | | | | | | | | | | | | | |
| **Hazard Description** | | **Potential Injury/Damage** | | | **Persons at Risk** | | | **Control Measures** | | | | | **Risk Rating** | **Further action Required** | |
| Terrain causing:-  Slips, Trips, Stumbles  Falls from height | | Death, Serious Injury | | | Leader, Group, | | | Leader qualified to Summer ML  Group management and control  Appropriate footwear worn  Appropriate equipment carried | | | | | Moderate | None | |
| Separation of party | | Death, Serious Injury | | | Leader, Group, | | | Group management | | | | | Moderate | None | |
| Getting lost | | Death, Serious Injury | | | Leader, Group, | | | Navigation skills appropriate to Summer ML | | | | | Tolerable | None | |
| River hazards | | Death, Serious Injury | | | Leader, Group, | | | Route planning and escape routes  Weather forecast obtained | | | | | Moderate | None | |
| Loss of footwear | | Minor Injury | | | Leader, Group, | | | Group management | | | | | Tolerable | None | |
| Overdue | | Hypothermia, tiredness, hunger | | | Leader, Group, | | | Overdue procedure in place  Communications to base in place | | | | | Tolerable | None | |
| Tick bites | | Lymes Disease and other tick-borne diseases | | | Leader, Group, | | | Long trousers and long sleeves advised.  Instructor vigilance and awareness of symptoms.  Information sharing.  Tick check at the end of the day  Recording of tick bites | | | | | Moderate | None | |
| **Risk/Benefit Analysis** | | | | | | | | | | | | | | | |
| Physical exercise increasing health and wellbeing; environmental education and appreciation; sense of achievement; new skills of navigation and physical/movement literacy; understanding of the wider environment of Scotland; Scottish Outdoor Access Code | | | | | | | | | | | | | | | |