



MOUNTAINEERING
SCOTLAND
WALKCLIMBSKI

HILLWALKING & CLIMBING IN SCOTLAND

PHASE TWO



Hill walking to Munro level,
bouldering, climbing and scrambling



Wild camping &
overnight stays

STAY LOCAL



Stay within approx 5
miles of home



Avoid crowded areas
and known hotspots



You can meet up to 2
other households per day
outdoors (max 8 people)

BE PREPARED



Plan your activity and
travel before you go



Check the weather
forecast



Car parks and public
toilets remain closed

STAY SAFE



Know your limits - stay
well within your
comfort zone



Take suitable clothing
and equipment



Be self-sufficient:
rescue may be limited
and take longer

BE CONSIDERATE



Follow the Scottish
Outdoor Access Code
for COVID-19



Be aware of farm
animals, wild life &
nesting birds



Keep all your litter
and #TakItHame



2m physical
distancing



Clean hands
regularly



Stay home if
self-isolating

Read the full guidance here:
mountaineering.scot/coronavirus

